

# THANK YOU FOR JOINING US

We will begin promptly at 3:00.

Rates will not be discussed during this webinar, but are available with all other benefit resources at <a href="https://www.marinschools.org/Page/4046">https://www.marinschools.org/Page/4046</a>
Please reach out to Personnel at 415-499-5854 with questions.





# SISC Health Benefits Open Enrollment

2020-2021

# Marin County Office of Education

Cassady Clifton
SISC Account Manager
10.19.2020



# SISC Self-Insured Schools of California Schools Helping Schools

# **Agenda**

- Who is SISC?
- Transitioning to SISC
- Important Information and Medical Plan Options
- Kaiser Permanente HMOPlan Designs
- Added Value Services for All
- Anthem Blue CrossPlan Designs
- Questions and Answers





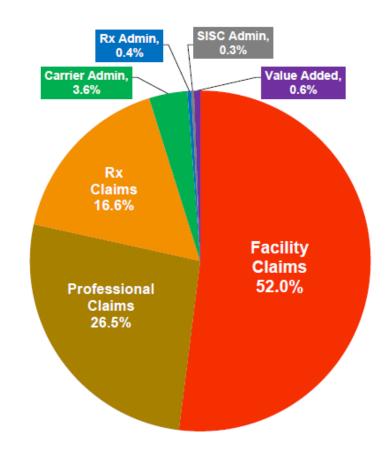
### Who is SISC?

- SISC is not an insurance companywe are a coalition of over 400
   California public schools joining together to reduce costs and spread risk over a large population
- SISC is the largest public school pool in the U.S.- one out of every 1,000 Americans is covered by a SISC medical plan

<u>PPO</u> <u>HMO</u> <u>KP</u> 213,156 31,845 80,530

Total Members 325,531

#### Snapshot: How District Premiums Are Spent



### **ACTION REQUIRED**



### **Transition to SISC**

- All employees covered by a medical plan MUST submit an enrollment form and any supporting documents to Personnel by Thursday, October 29th.
  - Enrollment forms must include social security numbers for subscriber and any dependents.
  - Contact Personnel (Erin Feely and Mirna Long) at 415-499-5854 with questions.
- All SISC plans go into effect December 1<sup>st</sup>, 2020.
- Employees covering a spouse, domestic partner, and/or dependent children will need to provide the following eligibility verification documents:

DEPENDENT TYPE	REQUIRED DOCUMENTATION	
Spouse	<ul> <li>Prior year's (2019) Federal Tax Form that shows the couple was married (financial information redacted); or</li> <li>A marriage certificate is accepted for <u>newly married</u> couples married in 2020</li> </ul>	
Domestic Partner	Certificate of Registered Domestic Partnership issued by State of California	
Children, Stepchildren, and/or Adopted Children up to age 26	<ul> <li>Legal Birth Certificate or Hospital Birth Certificate (newborns less than 6 months of age)</li> <li>Must include child's full name, parent(s') name(s), and child's date of birth</li> </ul>	
	<ul> <li>Legal Adoption Documentation</li> </ul>	
Legal Guardianship up to age 18	Legal Court Documentation establishing Guardianship	
Disabled Dependents over age 26	Contact Personnel (Erin Feely or Mirna Long) at 415-499-5854 for document requirements	

# General Transition Information



#### **Kaiser Permanente**

- Current and former Kaiser Permanente members will retain their medical record number and may continue using their current Kaiser Permanente ID card.
- New Kaiser Permanente members will receive new ID cards.
- Kaiser Permanente may provide current members with a new ID card if not issued recently.

#### **Anthem Blue Cross**

- Anthem Blue Cross will provide new ID cards with group numbers and pharmacy information for employees and spouses/domestic partners.
  - Individual child(ren) ID cards can be ordered by calling **1-800-825-5541** after the employee receives an ID card.
- Share your new card information when accessing medical services and filling prescriptions on or after December 1st. 2020.
  - Subscribers and their dependents should fill all prescriptions prior to 12/1/2020.
  - When refilling a prescription for the first time after 12/1/2020, ensure the pharmacist is aware that your pharmacy benefit has changed.

## **Important Considerations**

### **Choosing the Right Health Plan for You**

SISC
Self-Insured Schools of California
Schools Helping Schools

Marin County Office of Education is offering three Kaiser Permanente plans and three Anthem Blue Cross PPO plans:

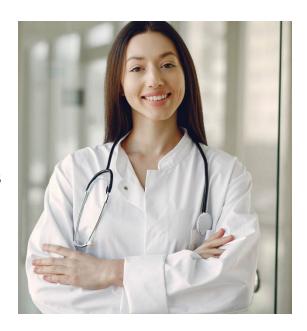
#### Kaiser Permanente HMO –

- ✓ Care limited to Kaiser Permanente facilities and physicians
- ✓ Minimal out-of-pocket costs;
- ✓ Easier to use:
- ✓ More restrictive use of "gatekeepers" to care

#### Anthem Blue Cross SISC PPO -

- ✓ Greater choice of doctors and facilities
- ✓ More out of pocket costs
- ✓ Requires more proactive awareness;
- ✓ Less restrictive self-referrals to specialists and providers

This presentation is intended to provide you a <u>summary</u> of your new benefits. The plan Evidence Of Coverage (EOC), should be consulted for a <u>detailed</u> description of coverage benefits and limitations. Evidence of coverages are available at <a href="https://www.marinschools.org/Page/4046">https://www.marinschools.org/Page/4046</a>.



### **SISC Kaiser Permanente HMO**

#### **Traditional**

Generic 30 Day Supply

Generic 100 Day Supply

Brand / Specialty 30 Day Supply

Brand / Specialty 100 Day Supply



\$5

\$20

\$10 \$40

In-Network Benefits	Current Traditional Plan Effective until 11.30.2020	New Traditional Plan Effective 12.01.2020	
Deductible	\$0 Individual / \$0 Family	\$0 Individual / \$0 Family	
Out-of-Pocket Maximum	\$1,500 Individual / \$3,000 Family	•	
Office Visit	\$15	\$15	
Urgent Care	\$15	\$15	
Specialist	\$15	\$15	
Preventive Care	\$0	\$0	
Outpatient Hospital	\$15	\$15	
Physical/Occupational Therapy	\$15	\$15	
Ambulance	\$50	\$50	
Emergency Room* *waived if admitted	\$50	\$ <mark>100</mark>	
Inpatient Hospitalization	\$250	<b>\$0</b>	
Durable Medical Equipment	\$0	\$0	
Acupuncture	Requires Prior Authorization	\$10/Combined 30 Visits Chiro/Acu	
Chiropractor	\$10/30 Visits	\$10/Combined 30 Visits Chiro/Acu	
Hearing Aids	None	\$500 Hearing Aid Allowance per Ear Every 36 months	
	Current Rx Drug Plan Effective until 11.30.2020	New Rx Drug Plan Effective 12.01.2020	

\$10

\$20

\$10

\$20

# SISC Kaiser Permanente HMO

#### **Deductible Plan**



	Current Deductible Plan	New Deductible Plan	
In-Network Benefits	Effective until 11.30.2020 Effective 12.01.2		
Deductible	\$500 Individual / \$1,000 Family	<b>\$1,000</b> Individual / <b>\$2,000</b> Family	
Out-of-Pocket Maximum	\$1,500 Individual / \$3,000 Family	<b>\$3,000</b> Individual / <b>\$6,000</b> Family	
Office Visit	\$20	\$20	
Urgent Care	\$20	\$20	
Specialist	\$20	\$20	
Preventive Care	\$0	\$0	
Outpatient Hospital	Deductible, then \$10 - 20%	Deductible, then 20%	
Physical/Occupational Therapy	\$20	\$20	
Ambulance	Deductible, then \$150	Deductible, then 20%	
Emergency Room* *waived if admitted	Deductible, then 20%	Deductible, then 20%	
Inpatient Hospitalization	Deductible, then 20%	Deductible, then 20%	
Durable Medical Equipment	\$0	Deductible, then 20%	
Acupuncture/Chiropractor	N/A	\$10/Combined 30 Visits	
Hearing Aids	\$500 Hearing Aid None per Ear Every 36		

	Current Rx Drug Plan Effective until 11.30.2020	New Rx Drug Plan Effective 12.01.2020
Drug Plan Deductible	\$100 each individual	None
Generic 30 Day Supply	\$10	\$10
Brand / Specialty 30 Day Supply	Drug Deductible, then \$30	\$30
Generic 100 Day Supply	\$10	<b>\$20</b>
Brand / Specialty 100 Day Supply	Drug Deductible, then \$30	\$60

# **SISC Kaiser Permanente HMO**

#### **HSA Plan**



In-Network Benefits	Current HSA Plan Effective until 11.30.2020	New SINGLE HSA Plan Effective 12.01.2020	New FAMILY HSA Plan Effective 12.01.2020
Deductible	\$1,350 Individual / \$2,700 Family	\$ <b>1,500</b>	<b>\$2,800</b> Individual / <b>\$3,000</b> Family
Out-of-Pocket Maximum	\$3,000 Individual / \$6,000 Family	\$3,000	\$3,000 Individual / \$6,000 Family
Office Visit	Deductible, then \$20	Deductible, then 10%	Deductible, then 10%
Urgent Care	Deductible, then \$20	Deductible, then 10%	Deductible, then 10%
Specialist	Deductible, then \$20	Deductible, then 10%	Deductible, then 10%
Preventive Care	0%, Deductible Waived	0%, Deductible Waived	0%, Deductible Waived
Outpatient Hospital	Deductible, then \$150	Deductible, then 10%	Deductible, then 10%
Physical/Occupational Therapy	Deductible, then \$20	Deductible, then 10%	Deductible, then 10%
Ambulance	Deductible, then \$100	Deductible, then 10%	Deductible, then 10%
Emergency Room* *waived if admitted	Deductible, then \$100	Deductible, then 10%	Deductible, then 10%
Inpatient Hospitalization	Deductible, then \$250	Deductible, then 10%	Deductible, then 10%
Durable Medical Equipment	Deductible, then 20%	Deductible, then 10%	Deductible, then 10%

	Current Rx Drug Plan Effective until 11.30.2020	New Rx Drug Plan Effective 12.01.2020
Generic 30 Day Supply	Deductible, then \$10	Deductible, then \$10
Brand / Specialty 30 Day Supply	Deductible, then \$30	Deductible, then \$30
Generic 100 Day Supply	Deductible, then \$20	Deductible, then \$20
Brand / Specialty 100 Day Supply	Deductible, then \$60	Deductible, then \$60



### **Transition of Deductibles**

- All current Kaiser Permanente member deductibles will automatically transfer to members' new Kaiser Permanente plans after December 1st.
- Employees and dependents transitioning from Western Health Advantage to Kaiser Permanente are unable to transfer their deductibles.
- Employees and dependents transitioning from a Western Health Advantage to Anthem Blue Cross PPO must submit a Deducible Credit form along with a copy of their most recent Explanation of Benefits (EOB) to Personnel.
- HSA plans have a calendar year deductible, so those interested in transitioning to an HSA plan may enroll in a non-HSA plan for the month of December and may then transition to an HSA plan for a January 1<sup>st</sup>, 2020 effective date.
  - ➤ Both a non-HSA enrollment form for December 1<sup>st</sup> December 31<sup>st</sup> AND an HSA enrollment form for January 1<sup>st</sup> September 30<sup>th</sup> must be submitted to Personnel by October 29<sup>th</sup>.



### Added Value Programs

#### SISC Anthem Employee Assistance Program (EAP)

All employees and everyone in their household have access to up to 6 free and confidential counseling sessions per issue through Anthem EAP on many topics, including:

- Financial planning
- Advance directives
- Child and elder care resources
- Crisis intervention

#### **Advance Medical – Expert Medical Opinion**

Kaiser Permanente and Anthem Blue Cross PPO members can get answers to healthcare questions and medical opinions from world-leading experts in their fields of specialty through Advance Medical. Advance Medical can help members when they:

- Are dealing with complex medical conditions
- Are considering surgery or a major procedure
- Have questions about managing a health condition
- Want a second opinion on a documented diagnosis or treatment plan

### Flu Vaccines

#### Available at No Cost

#### **Kaiser Permanente Members:**

Free flu shots are available at many Kaiser Permanente locations. Visit **kp.org/flu** or call **1-800-573-5811/ 1-866-706-6358** (Northern/Southern California) for more information on flu clinic hours and locations.

#### **Anthem Blue Cross Members:**

Free flu shots are available at any participating pharmacy, including Costco (1-800-774-2678/Costco.com) and excluding Walgreens.





12/01/2020 - 09/30/2021 SISC Anthem Blue Cross Medical Plan Options			
In-Network Benefits	100-В \$20	80-G \$30	HSA-B
Calendar Year Deductibles & Maximums			*includes Rx
Calendar Year Deductible Single / Family	\$100/\$300	\$500/\$1,000	\$3,000/\$5,200*
Annual Out-of-Pocket Maximum Single / Family	\$1,000/\$3,000	\$2,000/\$4,000	\$5,000/\$10,000*
Professional Services			
Physician Office Visit *0 Copay for first 3 calendar year Primary Care visits on Non-HSA PPO Plans	\$20	\$30	Deductible, then 10%
Preventive Care	0%, Deductible Waived	0%, Deductible Waived	0%, Deductible Waived
Urgent Care	\$20	\$30	Deductible, then 10%
Specialists	\$20	\$30	Deductible, then 10%
CT, CAT, MRI, PET, etc. scans	Deductible, then 0%	Deductible, then 20%	Deductible, then 10%
Laboratory and X-Ray	Deductible, then 0%	Deductible, then 20%	Deductible, then 10%
Chiropractic* *Subject to medical necessity review at 5 visits	Deductible, then 0%	Deductible, then 20%	Deductible, then 10%
Acupuncture* *Limited to 12 visits per calendar year	Deductible, then 0%	Deductible, then 20%	Deductible, then 10%
Hospital Facility Services			
Inpatient Hospitalization* *Preauthorization required, limits may apply	Deductible, then 0%	Deductible, then 20%	Deductible, then 10%
Surgery Center Outpatient Surgery	Deductible, then 0%	Deductible, then 20%	Deductible, then 10%
Hospital Outpatient Surgery*  *Hip and Knee replacements, certain spine surgeries must be performed in Blue Distinction Plus facilities	Deductible, then 0%	Deductible, then 20%	Deductible, then 10%
Other Benefits			
Ambulance		\$100 co-pay + Deductible, then 20%	\$100 co-pay + Deductible, then 10%
Emergency Room* *Copay waived if admitted	\$100 co-pay + Deductible, then 0%	\$100 co-pay + Deductible, then 20%	\$100 co-pay + Deductible, then 10%
Mental Health and Substance Abuse Treatment			
Inpatient	Deductible, then 0%	Deductible, then 20%	Deductible, then 10%
Outpatient	Deductible, then 0%	Deductible, then 20%	Deductible, then 10%
Prescription Drugs	Generic / Brand	Generic / Brand	Generic / Brand
Individual/Family Brand & Specialty Deductibles	None	None	Included in Medical Deductible
Individual/Family Rx Out-of-Pocket Maximum* *includes Rx deductibles and co-pays	\$2,500/\$3,500	\$2,500/\$3,500	Included in Medical Out-of-Pocket Maximum

\$0 / \$35

\$0 / \$90

Deductible, then \$0 / \$35

Deductible, then \$0 / \$90

\$0 / \$35

\$0 / \$90 (90 day supply)

Retail \$0 Generic co-pays through Costco

30 Day Supply

90 Day Supply

Mail Order through Costco



## SISC PPO Plan Design

Anthem Blue Cross SISC Microsite: anthem.com/ca/sisc

Anthem Blue Cross (Sydney): Smart Phone Application for Apple and Android

Find a provider online: PPO (Full Network)

- Do not use the general Anthem Blue Cross Website to search for providers and facilities.
- Call Anthem Blue Cross Member Services (number on the back of your ID card) prior to scheduling any surgeries. All inpatient surgeries require prior authorization.
- Hip and Knee replacements, and certain inpatient Spine surgeries require the use of Blue Distinction Plus (BD+) facilities. A travel expense benefit is included if you must travel to a designated facility for inpatient surgery.
  - ➤ Visit **anthem.com/ca/sisc** for a list of BD+ hospitals
  - You may also obtain certain Hip, Knee, and Spine surgeries through our concierge surgery service vendor, Carrum Health, which contracts with Scripps Hospital in San Diego. Co-Insurance and deductibles are waived for non-HSA plan members through Carrum.
- Anthem PPO members can use MDLive to consult a licensed doctor, pediatrician, therapist, or psychiatrist over the phone, by video visit, or by mobile app. All visits are confidential.



# SISC PPO Plan Design

- Anthem Blue Cross PPO members are subject to reference pricing for five common procedures that can be performed safely at an Ambulatory Surgery Center (ASC):
  - Arthroscopy
  - Cataract Surgery
  - Colonoscopy
  - Upper GI
  - Upper GIU
- Physical Medicine Services (Chiropractic, Physical or Occupational Therapy) require Prior Authorization after the first five visits.
- Anthem members receive \$0 generics (excluding certain pain and cough medications) from Costco once deductibles (if any) are satisfied.
- Some services provided by <u>non-contracting</u> or <u>out-of-network</u> providers are <u>not covered</u> and do not accumulate towards Out-of-Pocket Maximums, including but not limited to:
  - X-Ray/Imaging
  - Laboratory
  - Durable Medical Equipment (DME)
  - Physical Medicine Services (Chiropractic, Physical or Occupational Therapy)
  - Preventive Services

### **Navitus Health Solutions**

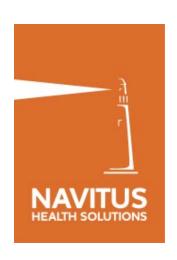


- Navitus Health Solutions is the prescription drug administrator for SISC Anthem Blue Cross PPO Plans.
- The network includes most independent pharmacies and all major chain pharmacies <u>except Walgreens</u>.
- Effective 12/1/2020, members should register with Navitus.com to access the most current list of covered drugs.



Call Navitus Health Solutions at 1-866-333-2757

- > Explain: "I am a new member with Marin County Office of Education, not yet in the system and want to know if my medications are covered."
- > CODE: RXPID 9X35





### Thank you for joining us today.

#### Don't miss our upcoming sessions:

- ➤ Thursday, October 22<sup>nd</sup> HSA-Compatible High Deductible Plans
- Wednesday, October 28<sup>th</sup> Open Questions and Answers Forum

### **Questions?**

Please refrain from asking any questions with private health information. Instead, contact Erin Feely or Mirna Long at 415-499-5854.

Don't forget to submit all enrollment forms and documents to by October 29th!